



TROPICAL SEMESTER

Can Tho University, Vietnam

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SOUTHERN VIETNAMESE CUISINE

Module Number: 7

3 credits

Lecturer: Truong Thi Kim Phuong, M.A.

Course description: The course will provide the learners with the knowledge of the cultural aspect regarding southern Vietnamese cuisine, including cuisine outlook, eating and drinking styles.

There will be reading activities, discussions and practice in 5 lessons, 3 periods each.

Course objectives:

1- To introduce the art of cooking and arranging some popular special southern dishes

2- To compare southern Vietnamese cuisine with that of other regions

Lesson 1: Introduce Vietnamese southern land and the cuisine map.

Lesson 2: Some special styles of Vietnamese southern cuisine. Science in processing food of southerners. Their viewpoints of life through eating.

Lesson 3: The similarities and differences in the North, the Central and the South's cuisine styles.

Lesson 4 & 5: Practice

- Some works of famous researchers and artists related to Vietnamese southern cuisine. (It may include meet and talk with some famous guests).

-The process of cooking some common dishes. Address of some well- known restaurants in Can tho and other cities nearby.

Suggested Readings:

1. Hoàng Trọng Dũng - Từ bếp ngon ra, NXB Đà Nẵng, 2002
2. Ngọc Duy - Ấp ủ hồn đất, Báo Tiếp thị & Gia đình số 4-2006
3. Mai Khôi – Văn hóa ẩm thực Việt Nam, NXB Thanh Niên Hà Nội, 2001
4. Hoàng Liên - Học ăn học nói học gói học mở, NXB Trẻ 2003
5. Ngô Minh – Ăn chơi xứ Huế, NXB Thuận Hóa Huế, 2002
6. Trần Nguyên – Món Việt trên bàn ăn hiện đại, Báo Sài Gòn Tiếp Thị, 2006
7. Phanxipăng - Ngọt ngào mứt Tết, Thế Giới Mới số 522, 2001
8. Diệu Thảo – Văn hóa ẩm thực Việt Nam, Tài liệu lưu hành nội bộ
9. Khương Thừa - Đặc sản quê hương, NXB Trẻ, 2003

10. N.T.T - Quốc tử chỉ thiếu cái bình, Báo Sài Gòn Tiếp Thị, 20/4/2006
11. Robert Storey & Daniel Robinson. – Vietnam, a Lonely Planet travel survival kit – Lonely Planet Publications, Australia – 1995.